



# FRUIT SALSA & CINNAMON CHIPS



0hr 20min



10

## INGREDIENTS

- 1 cup peaches or strawberries, chopped
- 1 small can of crushed pineapple
- 3 kiwis, peeled and chopped
- 1 naval orange, peeled and chopped
- Juice of 1 lime or lemon
- 10 whole wheat tortillas
- 1 tsp sugar
- 1/2 tsp cinnamon

## DIRECTIONS

1. Rinse and peel each fruit.
2. Chop them as finely as possible and mix them all together.
3. Collect the lime/lemon juice into 1 cup and mix it into the fruit. Refrigerate until ready to eat.
4. Slice each of the tortillas into 8 pieces.
5. Sprinkle them with cinnamon, and 1 teaspoon of sugar, and mix together.
6. Pour just enough oil into a pan to coat it and set to low-medium heat.
7. Allow the tortilla pieces to cook on both sides. Allow to cool.
8. Once cool, enjoy with the fruit salsa.

Recipe source: <https://www.allrecipes.com/recipe/238427/simple-strawberry-salsa/>